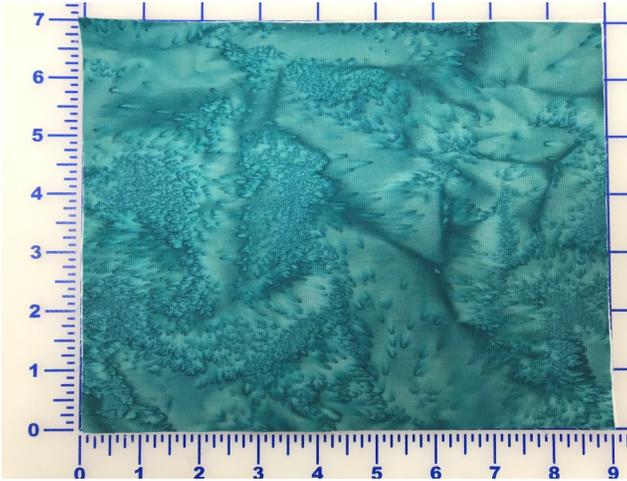


Simple Sewn Mask



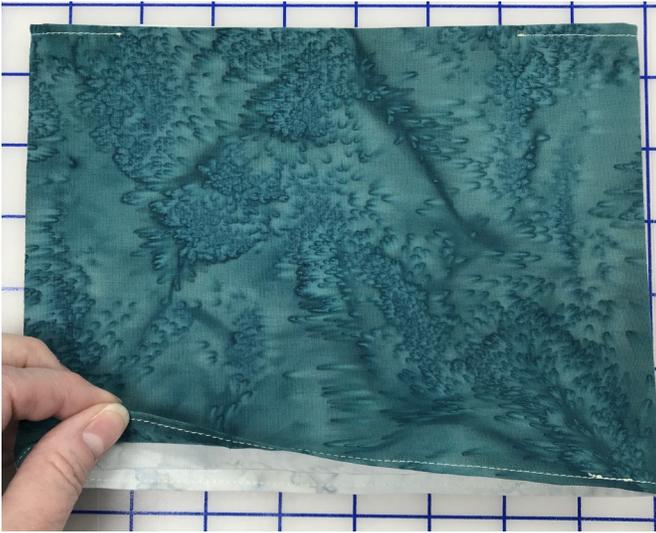
Cut 2 pieces of fabric 9"X7" and a piece of 1/8" - 1/4" ribbon or bias tape 48" long. (If using bias tape, sew along the open edge for the length of the strip to secure the edges and prevent fraying.)



For the nosepiece, bend a twist-tie or floral wire in half to make a 4" long piece. Secure ends with tape.



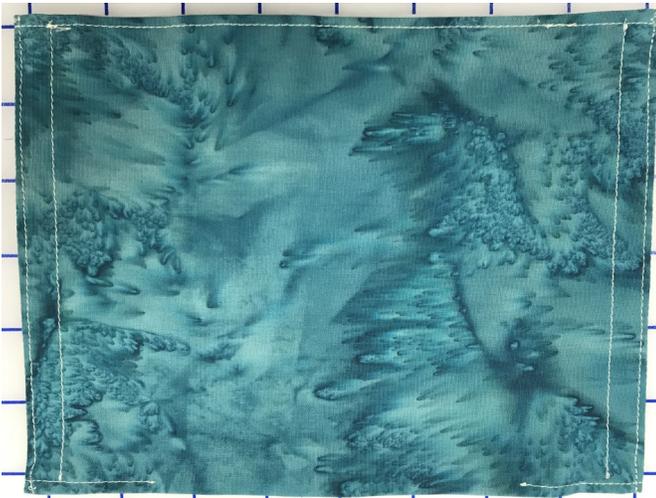
Place the fabric right sides together and sew a 1/4" seam along each short edge.



Turn right side out and press.
Turn the edges in 1/4" all around long edges and press.

Sew a 1/8" topstitch 3" long on the top edge centering the side seam.

Sew a 1/8" topstitch around the bottom edge leaving the bottom open.



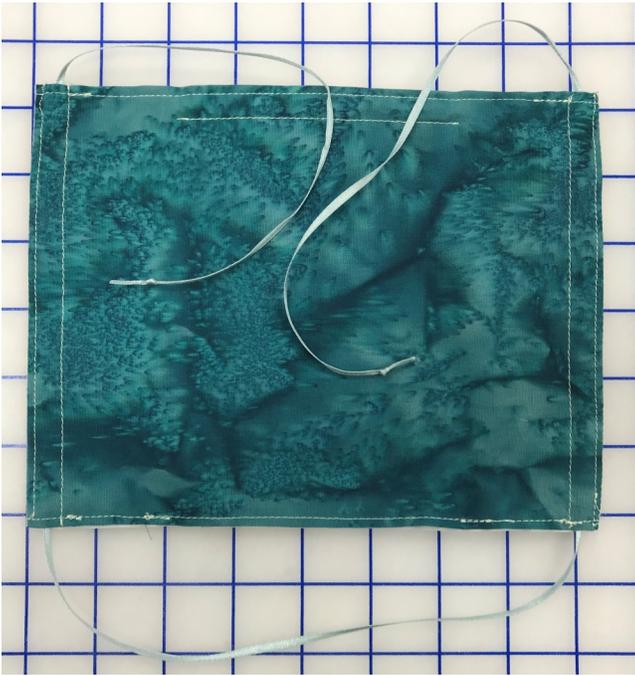
Sew a channel 1/2" in from the edge of each short side.

Sew 1/8" topstitch along the top edge between the inside edges of the channels.

Sew 1/8" topstitch along the bottom edge from the inside edges of the channels toward the middle for 2".



Fold the top edge short edges together to find the middle, mark 2" from middle with pins. Sew 1/2" from edge between the pins.



Insert wire into channel at top of mask. Thread each end of ribbon or bias tape from bottom of mask to top creating a loop on the bottom side. Tie a knot in the end of the ribbon or bias tape to make sure they don't slide out.



Cut a piece of HEPA filter material 4"X6" and place inside using the opening at the bottom of the mask. (We used a HEPA vacuum bag)



Place the looped ribbon or bias tape over your head with the inside of the mask facing you. Pull the ties up and tie on top of your head allowing the mask to gather along the edges.